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“One Week - All Sport”

(With general title: “Your Sport Week”)

Principals and philosophy



The One Week – All Sport is established in order to promote the spirit of Athletism, to encourage the citizens to adopt a new style of life and alternative way to spend the free/leisure time. Conceptually this week have the structure of National or International Event(s), which will take place the same week in different countries and/or in different places of the countries. The countries that will participate are not obligate to be member of UESpT, but it must accept the Sport for All principles. The only limitation for the participants is that the participants must not currently involve in high-level competitive sport.

Location of One Week – All Sport



There will be no restriction regarding the location of the Event(s) in the country. It will be ideally the location which will be selected to have the facilities to accommodate more than one sport and to take under consideration that the entertainment/cultural or sport Events, as well as the sport facilities, will provide the feasibility for participation of all the family’s members.

Duration of One Week – All Sport



The duration of the Games will be about one week. That yearly Event is to take place in every country at the last weekend of April or the first of May. The starting day for the events in every country is dedicated by the participant to the Event country and is declared in the UESpT headquarters through the official email of Federation (info@uespt.org) by filling the dedicated form with all details of the Event.

Selection of the Event for every County

The selection of the games/activities or events will take place in every location/country is a privilege of the local Organizing Committee. However could be established 1 or 2 common activities (i.e. road race, cycling, etc.) that can be take place in all the locations.

Range of ages of participants



Participating might cover the entire age-related spectrum, with indicative distribution: 50% adults, 30% adolescents, and 20% children. The ages will always be an issue, which can be defined by local organizing committee or National "Sport for All" Organization. In the One Week - All Sport they might also participate teams from different cities of the country or even from different countries.

Financial impacts/issues



The Entry Fees for participation is depending upon the status of the individual local organizing committee or National "Sport for All" Organization. The proposal is to be the minimum or free of charge for the competitors and the cost of implementation of Event(s) could be covered by International or local sponsors or the government.

Contact UESpT for more information: info@uespt.org